

# Inspiration Of A Cancer Survivor

Ms. Siyapat Waleerojanakun / Photographer / Age (now) 41 years



**Into a real alternative  
...to true healing...**  
*Alternative & Integrative  
Functional Medicines*

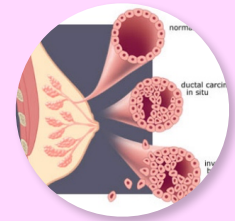
Cancer Therapy with *'Yod-Ying Protocol'* under BVRC

## The decision...refusal of conventional chemotherapy

Despite several conventional consults about chemotherapy, Ms. Siyapat had never received adequate explanations on its limitations and side effects. Besides, there was no further recommendation on how to care for her health afterwards. Moreover, through her self research from reliable resources and experiences of other patients, she decided that chemotherapy is not the answer to true treatment. She witnessed other people suffering from it but usually at the end is not cured anyhow. So she was determined to seek more alternatives to better her body and strengthen the immune system to help fight diseases in the long run.

## State of health prior to beginning the therapy

Ms. Siyapat was healthy. There was no sign of cancer. She found out accidentally from noticing a lump during shower. Also, she believed that a strong body would help her recover from surgery sooner, so she added more exercise to her weight loss program. Even so, it took a long 10 days of hospitalisation and another 3 full months for recovery, on top of suffering easily from chills afterwards. After recovery Ms. Siyapat got back to exercise and found herself being much more easily tired, still having little strength in addition to easy swelling from water retention.



### Entering Therapy With:

Stage 3 Breast Cancer:  
Invasive Ductal Carcinoma

### When:

End of 2017

### Former Treatments:

Once diagnosed with breast cancer at stage 3, the patient began consulting with a local hospital designated for her social security. However, she did not receive adequate explanations and rationales on treatment planning. So she headed for another hospital which suggested that she go for the total mastectomy bilaterally, removing as well the nearby lymph nodes. She received a good surgery at Bhuminkarin Kidney Institute, professionals and physicians from which took a proper care of her case.

After recovering from surgery, she was advised to have chemotherapy and hormone therapy as an approach to further control cancer circulating around the body and to help prevent recurrence, possibly. Once again she encountered limiting rationales and prognostic explanations. As a result, she began searching for other alternatives.

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### POWER OF POSITIVE MIND

Faith, confidence, focus:  
Add positive energy for  
good therapeutic  
outcome

2

### DISEASE-FIGHTING LIFESTYLES

Importance of diet and  
exercise for strong  
immune system

3

### PATIENT-MADE GOOD MEDICINE

Respect healing process  
Cooperate well  
Complete medicine intake

## Therapeutic Success

The heart of the therapy is the patient's strong faith and positive mind.

Ms. Siyapat held a high confidence that the disease is treatable. She never once had any worry or thought of giving up. When she knew that both of her breasts would be removed, she had no feeling of lost. She thinks that whatever organs are also just parts of the body, an external thing that cannot change who she is inside.

Additionally, from her extensive research, she came up with a conclusion that a good cancer treatment is the one which strengthens the immune system and makes the body strong in general. So she helps strengthen her body from the inside with good diet and exercise. Whatever foods she learns or is advised that are good; she adjusts to follow rather seriously.

With strong faith in the therapy principles, Ms. Siyapat followed the protocol very strictly. She had her medicinal intakes right on time and exactly as prescribed at every single meal. She set her clock for these and adjusted the intakes of numerable capsules by dividing them up to a few with plenty of water. She did it all very well and had never missed one single pill. During initial period when her body was adjusting she suffered from minor changes in bowel movements. But it all faded as she attentively gave herself time and understanding. There was no sense of frustration. Shortly after, her bowel movement returned to normal.

It all combined with positive encouragement and understanding from those around. Especially her mom who did everything including healthy food preparation for nearly all meals. Her diet was adjusted for strict



anticancer requirement during therapy and for optimal nutrition afterwards. Ms. Siyapat eats a healthy diet up until now. From thinking she should not eat meat at all to reasonably following what is required from blood results indicating otherwise, to help immune functions. If dining outside, she knows exactly what to choose that is good for her body.

Moreover, Ms. Siyapat holds positive energy from within herself: thinking, talking and regular meditation. She believes that dharma and meditation can help with many life aspects. It gives us conscience and resilience to face whatever life brings. She also loves to do charity, one of which is to donate her long hair for chemo-affected cancer patients. Although people might say she looks more like a boy after surgery with breasts removed and men-cut hair, she persists to give and share.

**“Chemotherapy is not the answer to true treatment. I have seen too many people suffering from it. Many are not well cared for and overall health continually declined.**

**It is far from being a treatment.”**

**From a stage 3 cancer, with low body strength after surgery. Now I am much stronger than before getting ill. I can regularly run for more than 10 km.**

### Therapy duration under BVRC

Seven months wholistic therapies implementing immunotherapy and phytotherapy to strengthen the immune system and improve overall disease-fighting capability and functionality of the body.

### CURRENT STATE OF HEALTH: OCTOBER 2018

An evidence of laboratory test results reveals that her overall body is healthily functioning well. All tumour markers are within normal range. She feels herself being much healthier, now already an athlete for marathons. On top of everything else, she is happy and optimistic, filled with positive energy to share for others always.

**“Encouragement is vital. Believe in what we choose, and have faith in everyone involved.”**

**Nothing is ever too late. Stay happily with it. Choose what it good for self.**

